

# FRESH CHOICES: JULY'14



## Selfridges: On the roof with Q

It opens its roof for the first time since 1940 with rowing boats and a gastro/cocktail bar runs by **Q Grill** and a pop up bar from The Juicery. Until the end of September. + info [here](#).



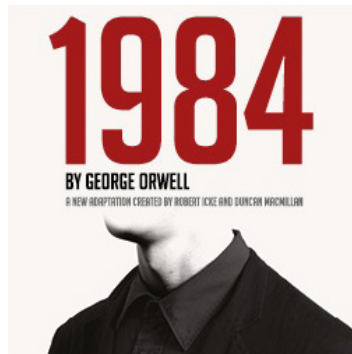
## Marina Abramovic Exhibition

**512 hours** is the time that the artist is going to spend in the **Serpentine Gallery** performing with the audience. Expect long queues! Free entrance. Until 25.08.14 + info [here](#).



## 1984

*Big brother is watching you...* You can't miss this opportunity to experience the play based in George Orwell's book. It's brilliant. Until 23.08.14 >Buy tickets [here](#).



## 1 song: I wanna be adored

'I wanna be adored' by British band **The Stone Roses** is one of the team's favourite songs ever. It first appeared in their debut album in 1989. Play it [here](#)! \*BTW see [this](#) SANDRO t-shirt!!



## & Other Stories: Cotton Care scrub

Our favourite scrubs are from & Other Stories. **Madapollam Body Scrub** is made of sugar and high in vitamin E. Fragranced with peach, floral scent and plum. >Buy it [here](#).



## Sister Jane: Serpent Moon

It's been 45 years since Armstrong walk on the moon for the first time... Find out the new collection of **Sister Jane**, all about brightness, silver, gold... all about moon. >Buy it [here](#).



## DIY <



## Green Juice

- Kale
- Apples
- Kiwis
- Coconut Water

\*use a cold press juicer for the kale and apples, then blend all.

#superhealthy #superfresh



## Super salad

- Quinoa ready to eat
- Feta
- Pomegranate
- Brocoli

\*boil the brocoli, rinse, chop and mix with the others.

#superhealthy #supereasy

